

Commonly Requested Compounding Ideas for Women's Health



Commonly Requested Formulas for Patients with Vulvodynia

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| PCCA Formula # 11108 | Amitriptyline HCl 2%/Baclofen 2% Vaginal Gel (MucoLox™) |
| PCCA Formula # 11109 | Ketamine HCl 0.5%/Diazepam 1%/Baclofen 2% Vaginal Gel (MucoLox™/VersaBase®) |
| PCCA Formula # 11110 | Gabapentin 6% Vaginal Gel (MucoLox™/VersaBase®) |
| PCCA Formula # 11114 | Diazepam 10 mg/Gm Vaginal/Rectal Gel (MucoLox™/VersaBase®) (FormulaPlus™ BUD Study) |
| PCCA Formula # 6988 | Atropine Sulfate 2.5 mg/Ketoconazole 100 mg/Biotin 100 mg Base MBK Suppository (Blue Mold) |

Commonly Requested Formulas for Patients with Female Sexual Dysfunction/Libido

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| PCCA Formula # 11116 | Estriol 0.1%/Testosterone 0.1% Vaginal Gel (MucoLox™/VersaBase®) (FormulaPlus™ BUD Study) |
| PCCA Formula # 11947 | Testosterone 0.2% Vaginal Gel (MucoLox™/VersaBase®) |
| PCCA Formula # 11948 | Sildenafil 1%/Testosterone 0.1% Topical Gel (MucoLox™) |
| PCCA Formula # 11724 | Oxytocin 120 U/Gm Vaginal Gel (MucoLox™/VersaBase®) |
| PCCA Formula # 11386 | Dehydroepiandrosterone 13 mg/Gm Vaginal Gel (MucoLox™/VersaBase®) |
| PCCA Formula # 10879 | Papaverine HCl 0.1%/Arginine 6% Topical Lipoderm® |
| PCCA Formula # 9295 | Sildenafil 1%/Arginine HCl 11.7%/Naltrexone HCl 0.817% Topical Cream (VersaBase®) |
| PCCA Formula # 9294 | Sildenafil 2%/Aminophylline 3%/Arginine HCl 6% Topical Cream (VersaBase®) |

Commonly Requested Formulas for Patients Interested in Weight Loss

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| PCCA Formula # 4081 | Phentermine HCL 37.5mg/Chromium Picolinate 200 mcg Slow Release Capsules Size #0 |
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HCG

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| PCCA Formula # 10219 | Chorionic Gonadotropin 125 U Base A Troche (Tablet Triturate 100 mg Mold) |
| PCCA Formula # 9830 | Chorionic Gonadotropin 100 U/0.1 mL Nasal Spray |
| PCCA Formula # 10144 | Chorionic Gonadotropin 500 U/Gm Topical LipodermR HMW™ |

MIC (Lipotropics)

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| PCCA Formula # 10834 | Methionine 15 mg/mL/Choline Chloride 100 mg/mL/Inositol 50 mg/mL/Cyanocobalamin 6 mcg/mL Injection Solution (FormulaPlus™ BUD Study) |
| PCCA Formula # 11769 | Choline Bitartrate 450 mg/Methionine (DL) 150 mg/Inositol 100 mg Capsules Size #00 (LoxOral™) |

Commonly Requested Formulas for Patients with Cervical Dysplasia

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| PCCA Formula # 10829 | Gowey Tincture 20% (W/W) Topical Gel (VersaBase®) |
| PCCA Formula # 10830 | Gowey Tincture 30% (W/W) Topical Gel (VersaBase®) |

Commonly Requested Formulas for Patients with Bacterial Vaginosis

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| PCCA Formula # 9076 | Metronidazole 125 mg/mL/Nystatin 25,000 U/mL Vaginal Cream |
| PCCA Formula # 7447 | Chlorhexidine Gluconate 0.5% Vaginal Gel |
| PCCA Formula # 10207 | Acetic Acid 0.9% (W/W)/Hydroxyquinoline Sulfate 0.025% Vaginal Gel (VersaBase®) |
| PCCA Formula # 11368 | Boric Acid 30% Vaginal Gel (MucoLox™) |
| PCCA Formula # 11367 | Boric Acid 600 mg Base MBK/MucoLox™ Vaginal Suppository (Pink Mold) |

Commonly Requested Compounding Ideas for Women's Health (cont'd)

Commonly Requested Formulas for Patients with Atrophic Vaginitis

For more information, see *Treatment Options for Vaginal Atrophy: What Do the New Studies Show?* by Annie DeReese, PharmD (PCCA Document #98289).

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| PCCA Formula # 11115 | Estriol 0.05% Vaginal Gel (MucoLox™/VersaBase®) |
| PCCA Formula # 9911 | Hyaluronic Acid Sodium 5 mg/Gm Compound Vaginal Cream |
| PCCA Formula # 9893 | Estriol 1 mg/Progesterone 30 mg Base MBK Vaginal Suppository (Medium Shell Mold) |
| PCCA Formula # 11386 | Dehydroepiandrosterone 13 mg/Gm Vaginal Gel (MucoLox™/VersaBase®) |

Commonly Requested Formulas for Patients with Vaginal Dryness

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| PCCA Formula # 11115 | Estriol 0.05% Vaginal Gel (MucoLox™/VersaBase®) |
| PCCA Formula # 12111 | Estradiol 10 mcg Vaginal Suppository (Tablet Triturate 200 mg Mold) |
| PCCA Formula # 11116 | Estriol 0.1%/Testosterone 0.1% Vaginal Gel (MucoLox™/VersaBase®) (FormulaPlus™ BUD Study) |
| PCCA Formula # 11117 | Sodium Hyaluronate 5 mg/Gm Compound Vaginal Gel (MucoLox™/VersaBase®) |
| PCCA Formula # 11118 | Hyaluronic Acid 5 mg/Gm Compound Vaginal Gel (MucoLox™/VersaBase®) |
| PCCA Formula # 11119 | Vitamin E 200 u/Gm Vaginal Gel (MucoLox™/VersaBase®) |
| PCCA Formula # 8990 | Vitamin E 200 IU Base MBK Vaginal Suppository (Large Shell Mold) |
| PCCA Formula # 10590 | Glycerin 15%/Vitamin E Acetate 0.2% Vaginal Gel |
| PCCA Formula # 9953 | Glycerin/Caprylic/Capric Triglycerides Base MBK Vaginal Suppository (Small Shell Mold) |

Commonly Requested Formulas for Patients with Yeast Infections

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| PCCA Formula # 11156 | Clotrimazole 2%/Ibuprofen 2%/Tea Tree Oil 1% Topical Gel (MucoLox™/VersaBase®) |
| PCCA Formula # 11368 | Boric Acid 30% Vaginal Gel (MucoLox™) |
| PCCA Formula # 11367 | Boric Acid 600 mg Base MBK/MucoLox™ Vaginal Suppository (Pink Mold) |
| PCCA Formula # 11113 | Flucytosine 15% Vaginal Cream (MucoLox™/VersaBase®) |
| PCCA Formula # 11122 | Miconazole Nitrate 2%/Acidophilus 15%/Lidocaine HCl 1% Vaginal Gel (MucoLox™/VersaBase®) |
| PCCA Formula # 1004 | Amphotericin B 50 mg Base MBK Vaginal Suppository (Blue Mold) |

Commonly Requested Formulas for Patients with Vaginal Itching

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| PCCA Formula # 11887 | Tranilast 1%/Betamethasone 0.05% Topical/Vaginal Gel (MucoLox™/VersaBase®) |
| PCCA Formula # 11575 | Ketotifen 0.4% Vaginal Gel (MucoLox™/VersaBase®) |

Commonly Requested Formulas for Patients with Nausea/Vomiting

Note: Using various dosage forms of a drug (e.g., switching from oral to topical, etc.) does not improve the safety profile of a drug. Use standard drug information for drugs during pregnancy or breastfeeding.

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| PCCA Formula # 5547 | Ginger Root 200 mg Sorbitol Lollipop Base |
| PCCA Formula # 11820 | Doxylamine Succinate 10 mg/Pyridoxine HCl 10 mg/Ginger Root Capsules Size #1 |
| PCCA Formula # 8941 | Pyridoxine HCl 10 mg/Ginger 300 mg Oral Effervescent |
| PCCA Formula # 8986 | Ondansetron 4 mg/0.1 mL Topical Lipoderm® |
| PCCA Formula # 6769 | Ondansetron 8 mg Oral Effervescent |
| PCCA Formula # 9491 | Promethazine HCl 25 mg/Gm Topical Lipoderm® (FormulaPlus™ BUD Study) |
| PCCA Formula # 1947 | Doxylamine Succinate 10 mg/Pyridoxine HCl 10 mg Base MBK Suppository (Blue Mold) |

Commonly Requested Compounding Ideas for Women's Health (cont'd)

Commonly Requested Formulas for Patients with Polycystic Ovary Syndrome (PCOS)

For more information, see PCOS Nutritional References (PCCA Document #98746) and VOD: PCOS, Endometriosis, and Sleep Disorders in Menopause (PCCA Document #98833).

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| PCCA Formula # 11946 | Progesterone 10% Vaginal Gel (MucoLox™/VersaBase®) |
| PCCA Formula # 11542 | Metformin HCl 10% Vaginal Gel (MucoLox™) |
| PCCA Formula # 10871 | Metformin HCl 10% Topical Lipoderm® For more information, see the Transdermal Metformin – Consultant's Corner Article from the February 2014/November 2015 Apothegram (PCCA Document #98749). |

Commonly Requested Formula for Patients with Meniere's Disease

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| PCCA Formula # 10961 | Betahistine Dihydrochloride 8 mg Capsules Size #1 (LoxOral™) |
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Commonly Requested Formulas for Patients with Endometriosis

For more information, see VOD: PCOS, Endometriosis, and Sleep Disorders in Menopause (PCCA Document #98833).

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| PCCA Formula # 11946 | Progesterone 10% Vaginal Gel (MucoLox™/VersaBase®) |
| PCCA Formula # 11950 | Danazol 10% Vaginal Gel (MucoLox™/VersaBase®) |
| PCCA Formula # 7224 | Progesterone 100 mg Base MBK Suppository (Medium Shell Mold) |

Commonly Requested Formulas for Patients with Pelvic Pain

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|----------------------|---|
| PCCA Formula # 11114 | Diazepam 10 mg/Gm Vaginal/Rectal Gel (MucoLox™/VersaBase®) (FormulaPlus™ BUD Study) |
| PCCA Formula # 11109 | Ketamine HCl 0.5%/Diazepam 1%/Baclofen 2% Vaginal Gel (MucoLox™/VersaBase®) |
| PCCA Formula # 9918 | Diazepam 5 mg Base MBK Suppository (Blue Mold) |
| PCCA Formula # 9111 | Ibuprofen 600 mg Base MBK Suppository (Pink Mold) |

External Use Only

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| PCCA Formula # 9447 | Ibuprofen 20% Topical Lipoderm® (FormulaPlus™ BUD Study) |
| PCCA Formula # 9448 | Ketoprofen 10% Topical Lipoderm® (FormulaPlus™ BUD Study) |
| PCCA Formula # 9874 | Ketoprofen 10%/Cyclobenzaprine HCl 2% Topical Lipoderm® (FormulaPlus™ BUD Study) |

Commonly Requested Formulas for Patients with Rosacea

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| PCCA Formula # 11709 | Niacinamide 4%/Metronidazole 1% Topical Cream (Clarifying™) |
| PCCA Formula # 11710 | Niacinamide 5%/Glycosaminoglycans 5%/Dimethyl Sulfone 2%/Biotin 0.2% Topical Cream (Clarifying™) |
| PCCA Formula # 6998 | Nicotinamide Adenine Dinucleotide 1% Topical Ointment |
| PCCA Formula # 10723 | Brimonidine Tartrate 0.5% Topical Gel (PracaSil™-Plus/VersaBase®) |
| PCCA Formula # 11046 | Metronidazole 1%/Niacinamide 4% Topical Gel (PracaSil™-Plus) |
| PCCA Formula # 10128 | Niacinamide 5%/Glycosaminoglycans 5%/Dimethyl Sulfone 2%/Biotin 0.2% Topical Cream (Occlusaderm®) |
| PCCA Formula # 10020 | Oxymetazoline HCl 0.06% Facial Lotion (VersaBase®) |

Commonly Requested Compounding Ideas for Women's Health (cont'd)

Commonly Requested Formula for Patients with Scars (Post C-Section/Post-Surgical)

Use PracaSil™-Plus (PCCA #30-4655)

Commonly Requested Formulas for Patients with Stretch Marks

PCCA Formula # 11420 Topiramate 2.5%/Aloe Vera 0.5% Topical Gel (PracaSil™-Plus)
PCCA Formula # 7559 Collagen/Panthenol/Glycolic Acid 5% (W/W)/Sodium Pyrrolidone Carboxylate/Shea Butter/Wheat Germ Oil/ Emu Oil Topical Cream

Commonly Requested Formula for Patients with Lichen Sclerosus

PCCA Formula # 11884 Clobetasol Propionate 0.05% Topical/Vaginal Gel (MucoLox™/VersaBase®)

Commonly Requested Formulas for Patients with Hemorrhoids

PCCA Formula # 11954 Pramoxine HCl 1%/Zinc Oxide 12.5%/Lidocaine HCl 5% Rectal Gel (MucoLox™/VersaBase®)
PCCA Formula # 11491 Lidocaine 2%/Hydrocortisone 1% Base MBK/Wax/MucoLox™ Suppository (Rectal Rocket)
PCCA Formula # 3515 Lidocaine 2%/Hydrocortisone 1% Base MBK/Wax Suppository (Rectal Rocket)

Commonly Requested Formula for Patients with Genital Herpes

PCCA Formula # 11413 Acyclovir 5%/Lidocaine HCl 5%/Deoxy-D-Glucose 2% Vaginal Gel (MucoLox™)

Commonly Requested Formulas for Patients with Genital Warts (External)

PCCA Formula # 11415 Deoxy-D-Glucose 0.2%/Acyclovir 5%/Imiquimod 2.5%/Tea Tree Oil 2.5% Vaginal Gel (MucoLox™/VersaBase®) *For more information, see Multi-Therapy Use of Topical Imiquimod & Formulas (PCCA Document #98856).*
PCCA Formula # 11111 Fluorouracil-(5 FU) 5% Topical Gel (MucoLox™/VersaBase®)
PCCA Formula # 11313 Fluorouracil (5-FU) 5% Topical Gel (MucoLox™/PracaSil™-Plus)
PCCA Formula # 11112 Imiquimod 0.5% Vaginal Gel (MucoLox™/VersaBase®)
PCCA Formula # 11004 Imiquimod 6 mg Base MBK Suppository (Blue Mold)

The formulas and/or statements listed are provided for educational purposes only. They are compounding ideas that have commonly been requested by physicians, and have not been evaluated by the Food and Drug Administration. Formulas and/or material listed are not to be interpreted as a promise, guarantee or claim of therapeutic efficacy or safety. The information contained herein is not intended to replace or substitute for conventional medical care, or encourage its abandonment. Every patient is unique, and formulas should be adjusted to meet their individual needs.